

GWR Clothing and Equipment List

Alumni River Treks

1) Participants must provide their own:

- fast-drying shorts, 1-2 pair (no cotton)
- 1 –2 T-shirt (may be cotton)
- long sleeved cotton shirt (excellent sun protection)
- 1 pair loose fitting long pants
- 1 jacket – fleece
- rainjacket
- camp shoes – sneakers or Chaco/Teva type sandals WITH heel strap
- closed-toe wet shoes for paddling/wading/diving– (aqua sox, neoprene booties or old tennis shoes work well)
- sun-hat – fully brimmed hat is nice for sunny river days
- toiletries (tooth brush, floss, etc.) - no bulky or heavy items!
- socks – 3 pair with at least one pair synthetic or wool
- warm hat
- bandana - cotton
- sunglasses
- sunscreen and lip balm
- water bottle

2) The items listed below can be loaned from the Trek Center provided they are requested no later than a week prior to the Trek start date. NOTE: If you are not arriving at GWR before the trek and we are meeting you in Clarkston fax (360 385-3605) or e-mail Craig or Chase (chase@graywolfranch.com) a copy of this equipment list indicating which gear items we should issue to you for the trek. Please indicate your sizing needs.

- neoprene booties
- headlamp
- fleece jacket, vest and/or pants
- windjacket

3) Optional

- camera – bring a waterproof case or bag for water/sand protection
- binoculars – as above if not waterproof
- wetsuit – if you own a lightweight short or long “farmer john” they are helpful to stay comfortable for extended periods of small inflatable paddling

GWR will provide you a sleeping bag, pad and tent for the trek. Group gear will be supplied by our outfitter, Ouzel Outfitters.